

Summary of the Ph.D. Thesis

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The title of the thesis: Resources of people addicted to opioids in substitution treatment

Key words phrases: personal resources, social support, opioid addiction, psychoactive substances, substitution treatment

Abstract

The current scientific analysis of the issue of addiction to psychoactive substances focuses mainly on the causes of addiction development, the deficits of the addicted person and the deficiencies in his or her environment, emphasizing their importance for the course and effects of treatment. Taking into account the above, this research was placed in a positive direction, and the subject of interest was the resources of people addicted to opioids undergoing substitution treatment.

The aim of the doctoral dissertation is to identify the resources of opioid addicts during substitution treatment in the following dimensions: self-esteem, self-efficacy and the intensity of social support.

This issue was the subject of scientific research, because no analyzes in this area have been carried out in Poland so far.

A positive opinion was obtained for the implementation of the research from the Ethics Committee at the Academy of Special Education in Warsaw (no. 132/2023).

The doctoral dissertation consists of seven chapters. The dissertation opens with a theoretical introduction to the issues discussed.

The first chapter reviews theories related to the factors determining the development of addiction to psychoactive substances (including opioids) and the diagnostic criteria of

addiction. Data on the prevalence of opioid use in Poland were presented and the health and social harm caused by the use of opioids was characterized.

The second chapter is a description of the treatment model for opioid addicts in Poland, including supportive substitution treatment.

The third chapter discusses selected personal resources, including self-esteem, generalized sense of efficacy and social support.

The fourth chapter presents the methodological assumptions. The purpose and scope of the research were indicated as well as problems and research hypotheses were formulated. Research methods and techniques were presented in detail.

Chapter five, six and seven refer to the results of the research conducted. The questions were answered and the research hypotheses were verified.

The empirical studies were described and presented graphically using tables and charts.

At the end of the dissertation, the results of the developed empirical material were summarized, the interpretation of which allowed for the formulation of final conclusions.

This dissertation also includes a bibliography, a list of tables, charts and figures, and an annex containing original research tools: a survey questionnaire and a document analysis questionnaire.